



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

WOLFE COUNTY COOPERATIVE EXTENSION



A Year In Review
Report to the People
2023

ABOUT US

Welcome to Wolfe County Cooperative Extension Service. We're part of the University of Kentucky and Kentucky State University off-campus information network. Let us connect you to UK, KSU, and the world. We deliver information, education, and solutions. And we grow ideas into better communities, stronger local economies, and healthier lives.



Report to
the People
2023



Report to the
People 2023



MISSION

Our mission, simply stated, is to make a difference in the lives of Kentucky citizens through research-based education. Jointly with our other land-grant partner, Kentucky State University, we take the University to the people in their local communities, addressing issues of importance of all Kentuckians.

Our programs focus on: Agriculture & Natural Resources, Family & Consumer Science, 4-H Youth Development, and Community & Economic Development.



MEET THE TEAM



**Heather
Graham**
Agriculture & Natural
Resources Agent / 4-H Youth
Development Agent



Esther Miller
Extension Assistant



**Jessica
Morris**
Family Consumer
Science / 4-h Youth
Development Agent



Joy Rose
Staff Assistant





BY THE NUMBERS



5,161 hours
dedicated to service



BY THE NUMBERS



18, 709 contacts



BY THE NUMBERS



230

**# of clientele increasing their
agricultural awareness
due to Extension Programming**



BY THE NUMBERS



65

**# of program participants
who demonstrated
an increase in physical activity levels**



BY THE NUMBERS



58

**# of teens identified 4-H
as a place they come to be a leader**



Report to the
People 2023



PREVENTION: THE KEY TO SAFETY 4-H PROGRAM HIGHLIGHTS

Through a partnership with Wolfe County Youth Service Center, a week long program was developed to address the rising drug and alcohol use of Wolfe County teens. Activities included:

- Truth & Consequences - a program designed to show students the consequences of choices
- A mock crash - a simulation of what happens during and after a car crash
- Ghost Out, The Funeral Service - students "died" throughout the school day from substance abuse and a funeral service was held
- After Prom - to encourage safety after prom, funding was secured through a local grant to pay for students to attend a movie and go bowling

SPROUTS COOKING CLUB

SNAP-ED SUCCESS

A 3 day, hands-on cooking club for youth ages 6-9. Youth were taught: handwashing, food safety, knife skills & safety, food groups, and how to be safe in the kitchen.

100% of youth said they would prepare more healthy snacks at home and eat more vegetables.



"I am so happy I came to the cooking club because I can prepare foods and snacks for me and my daddy"

-Participant



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DIVERSIFIED AG. PROGRAMMING ANR HIGHLIGHTS

Not just cows, plows, & sows... the Wolfe County ANR Program offers a wide variety of program opportunities.

- 7 adults & 3 youth learned about the importance of bats as pollinators, got to make their own bat houses, & eat recipes that included bat dependent ingredients.
- Over 80 people learned about Farm & Home Safety at the annual Field Day
- 15 youth got to meet Wally Cat & learn about the importance of exercise, *and* make their own greenhouse to grow lettuce
- 25 people had the opportunity to make their own summer sausage & practice their charcuterie board skills



WOLFE COUNTY MOVEMENT CHALLENGE FCS HIGHLIGHT

Wolfe County ranks amongst the highest for obesity, heart disease and diabetes. The Wolfe County Movement Challenge began in January 2021. Members joined the group and their first goal was to complete 5 miles by walking, running, hiking, biking, etc.

Each month the goal increased by 5. The final challenge goal was 60 miles in the month of December. 30 participants completed each months' goal and those individuals completed the end of the year survey.



9749.37 MILES COMPLETED AS A GROUP FOR THE YEAR

A SENSE OF COMMUNITY AND NOT DOING SOMETHING ALONE

MORE ENERGY AND ENDURANCE INCREASED

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THANK YOU!!



We are proud to serve such a wonderful community!

We invite you to come and participate in our many programs. Be sure to follow us on Facebook @WolfeCountyExtension and call 606-668-3712 to make sure you're on our mailing list!



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